



**Sport Fitness™
Flooring System**

Sport Court Alberta.
200 – 3605 Manchester Rd. SE
Calgary, AB T2G 3Z7
Phone: 403-287-0466
Email: sportcourt@telusplanet.net
www.sportcourtalberta.com

Installation

Review all instructions prior to assembly to familiarize yourself with the entire process. If you question your ability to install this system safely, please call your Sport Court Dealer to employ a qualified technician to complete the installation.

Tools Required

Rubber Mallet
Utility Knife
Straight Edge
Tape Measure

Recommendations

1. Prior to installation, tiles must be site-conditioned for at least three days (72 hours) at the average room temperature at which they will be used.
2. Store the products indoors. Keep tiles away from direct solar radiation, as it can cause dimensional and color alterations.
3. Check tile interlocking systems, colors and general appearance before installation. Please report any anomaly found to Quality Assurance before proceeding with the installation.

Room Preparation

1. The subfloor must meet specified flatness tolerances. The subfloor must be clean and dry.
2. Install Sport Fitness after concluding any brickwork, plumbing, electric, air conditioning, glazing and any other work that could wear or damage the flooring.
3. Inspect for any holes, bumps, loose particles or other anomalies in the subfloor. A sealant may be used on concrete subfloors to limit moisture. Permanent wood subfloors may experience warpage or stains, especially if moisture is present. You may wish to remove wooden subfloors prior to installing the product.
4. Before installing, make sure that the subfloor is free of moisture and condensation problems. Should there be any problems, use a waterproof coating before installing Sport Fitness, especially in flooring solutions which require the use of glue for installation.

5. Protect the product from direct sunlight or any other heat source that could cause high temperatures in the flooring tiles. The flooring shall not withstand temperatures exceeding 104° F, measured at the surface.
6. Sport Fitness cannot be installed on surfaces with radiant heating.
7. Sport Fitness is not intended for use over carpets, elastic, or other uneven surfaces, as the tiles may not interlock properly.
8. Clear all exercise equipment and other obstructions from the room to ensure that the tiles can be freely moved and adjusted during installation.

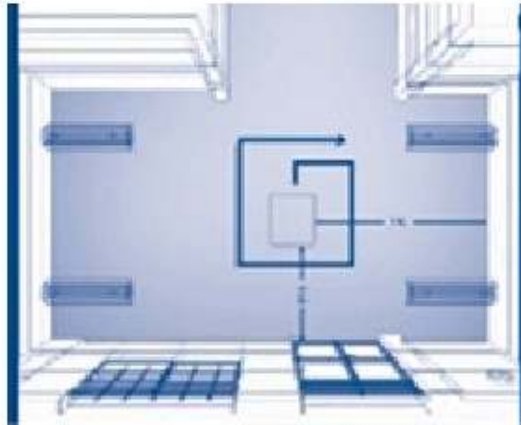
Tile Installation

1. During installation, the tile should be at approximately the same temperature (usually 72° F), as during the site-conditioning period.

2. Start installing in the center of the room. Avoid aligning to any wall which may not be straight.

3. Try to leave completed tiles in the most visible areas (entrance doors, etc.).

4. Continue installing by fitting tiles in a spiral order around the initial tile.



5. Leave perimeter tile fitting for the end, trimming as recommended to allow for expansion of the tiles.
6. To fit the tiles, press the interlocks down until the joint surface between tiles is flat. If necessary, use the rubber mallet to reinforce the joints.
7. Never force or stress the tiles while fitting them. If tiles do not fit together easily, you have probably installed previous tiles 'out of square'. You may also wish to confirm that all tiles are the same size and configuration.
8. For grained colors, run the pattern in the same direction.
9. Review the final appearance of the installation, checking for any areas that don't fit properly or provide the desired finished look. Individual tiles may be swapped for a more polished look.
10. Finally, if adhesive is used for installation, be sure to allow ample time to cure prior to replacing exercise equipment on the flooring. Use maximum

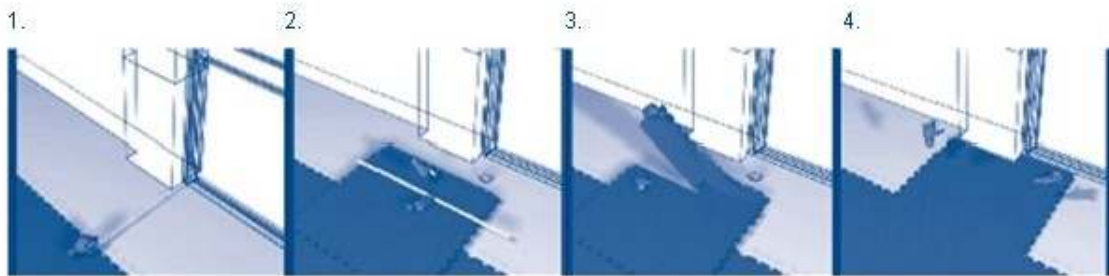
care when moving machines—never drag them across the flooring, but move them by hand, if possible, or using trolleys with pneumatic tires.

Expansion Gap

Trim or place perimeter tiles, leaving a 1-inch gap between the tiles and any walls or columns. This trimming will relieve the eventual expansion and contraction caused by temperature changes or mechanical stress.

With the use of heavy equipment that may be moved around the room, such as bicycles or free-weights, a larger trim gap is recommended (up to 2 inches).

Cutting the Tiles



1. Measure the trim line taking into account the expansion gap.
2. Make a light cut along the line using the utility knife.
3. Make a definitive cut through the entire thickness of the tile. With the Heavyweight product, it may take more than one cut to get through the entire tile.
4. Finish the installation by fitting cove base to cover the expansion gap. Keep in mind that the base must be fixed to the wall, not the tile, to allow for free movement during expansion and contraction.
5. Buckling tile usually indicates that the expansion gap is insufficient, but can usually be easily remedied with additional trimming.

Other Recommendations

Sport Fitness can be glued to the subfloor to prevent thermal expansion or mechanical problems in delicate areas (such as those subjected to direct radiation, entrance areas, tilting treadmills which frequently cause front wheels to move) or to reinforce small areas with straight or curved cuts where dovetails have been removed. Water-based acrylic, two-part polyurethane or solvent-based neoprene adhesives can be used.

Do not implement intricate designs which require removing large numbers of interlocks for curved or straight cuts.

Under certain conditions, during installation and during the days following installation, slight static electric discharges may occur.

Use expansion gaps to separate glued tiles from non-glued tile areas.

Maintenance Recommendations

Heat Sources/Radiators

Provide at least 20 inches clearance above the Sport Fitness surface.

Use insulation materials to prevent temperature from rising above 104° F.

Direct Sunlight

Prevent the floor from direct sunlight exposure. It can cause thermal expansion and subsequent shrinkage. Use solar filters or blinds to prevent excessive floor temperatures.

Optionally, you can glue the entire flooring product to the subfloor.

Heavy Machinery

When moving heavy equipment over Sport Fitness, keep in mind that the small wheels fitted on the equipment are intended for use on totally rigid floors, and therefore they must be moved by means of trolleys with pneumatic tires (or by hand, if possible).

Avoid dragging machinery over Sport Fitness without protecting it.

To avoid scratching or causing permanent damage to the floor, use an adequate form of protection under the equipment.

Static Electricity

Depending on ambient conditions, static electricity may build up, but can be eliminated by using an anti-static detergent.

Athletic Shoes

Certain Sport Fitness products have been designed for use with athletic shoes. Refer to product spec sheets to determine athletic shoe use.

Regular or high-heeled shoes can damage some of the flooring products.

Precautions

Never use black rubber pads on chairs, furniture, or machine feet. Use plastic or non-dying rubber pads (clear and non-oiled colors).

Use walk-off mats at entrance areas

New tiles can release a light aroma. With adequate ventilation, the smell will dissipate within 2 to 3 weeks.

Do not use polishing wheels, sand, and metallic brushes on the floor, nor steam cleaners.

- Never start any alteration or repair work without protecting the floor adequately.
- Prevent spilling acid (bathroom products, fruit juices, vinegar, spirits); alkaloids (bleach, butyl cleaning products); petrochemical products (cleaning products containing oils, grease, solvents, or abrasive compounds) on the floor.

Cleaning and Maintenance

Daily Cleaning

1. Use a broom or vacuum cleaner to remove any dirt and debris from the floor.

Light Soil Cleaning

1. Use a broom or vacuum cleaner to remove any dirt and debris from the floor.
2. Dilute 1-3 oz./gallon Taski Profi cleaner in warm water.
3. Mop floor using diluted cleaning product to remove soil and stains.
4. Allow diluted solution to stand for 5-10 minutes.
5. Scrub or agitate as required using mop.
6. Wet mop floor with clean water to rinse and remove any residue.
7. Allow floor to dry fully before using.

Heavy Soil Cleaning

1. Use a broom or vacuum cleaner to remove any dirt and debris from the floor.
2. Dilute 5-10 oz./gallon Taski Profi cleaner in warm water.
3. Mop floor using diluted cleaning product to remove heavy soil and stains.
4. Allow diluted solution to stand for 5-10 minutes.
5. Scrub or agitate as required using mop or automatic scrubber.
6. Wet mop floor with clean water to rinse and remove any residue.
7. Allow floor to dry fully before using.

Coatings

To add luster to Sport Fitness flooring, a maintenance coating product may be used following regular cleaning procedures.

1. Use a broom or vacuum cleaner to remove any dirt and debris from the floor.
2. Dilute 4 oz./gallon Taski Wiwax in warm water.
3. Mop floor with diluted solution.
4. Pick up excess cleaner with a tightly wrung-out cleaning mop.
5. Do not rinse floor after cleaning.
6. Let floor dry fully before using.

Static Electricity

To remove static electricity build-up, use an anti-static cleaning product in place of regular maintenance cleaner.

1. Use a broom or vacuum cleaner to remove any dirt and debris from the floor.
2. Dilute 1 oz./gallon Staticide cleaner in warm water.
3. Mop floor with diluted solution.
4. Do not rinse floor after cleaning.
5. Let floor dry fully before using.